



Ten Tips to Combat Climate Change Fact Sheet

Save hot water

Keep your showers as short as possible to save both water and the energy needed to heat the water.

Switch off lights when they are not in use

Saving electricity is a great way to help prevent climate change.

Help to sort out your recycling at home

Recycling stops re-usable items from ending up in landfill and therefore decreases greenhouse emissions.

Plant trees

Trees absorb carbon dioxide and help to reduce greenhouse gases in the atmosphere.

Start a fruit and vegetable patch at home or school

As well as being delicious, growing your own fruit and vegetables, and eating other locally-grown food is good for the environment, because it cuts down the emissions produced when goods are transported from one place to another.

Take public transport, ride or walk whenever you can

Catching the bus or train, riding your bike or walking is better for the environment than travelling by car because it reduces the amount of traffic on the road.

Save energy

Hang your washing on the line instead of putting it into the dryer, so the sun and wind can dry it naturally!

Turn off appliances at the plug

You can save heaps of power by turning off electrical appliances, like TVs and radios at the plug before you leave the house or when they are not being used.

Recycle toys and books you no longer want

Instead of throwing them out, donate them to a library or charity instead. Recycling stops re-usable items from ending up in landfill.

Manage your own climate

In winter make sure you are wearing warm clothes before turning up the heater. This helps to save electricity.

