



Read It, Answer It

Name: _____

1. What happens when you visit an Optometrist?

2. Name five in-built protectors that help keep your eyes safe from injury.

1. _____

2. _____

3. _____

4. _____

5. _____

3. How does the 'optic nerve' help you see?

4. Name two items you can wear when playing sport to help protect your eyes from injury.

1. _____

2. _____

5. What can you include in your diet to keep your eyes healthy and why?



6. What should you wear to protect your eyes when you are outside?

7. How does the pupil control the amount of light that enters the eye to make you see better?

8. Unscramble the parts of the eye listed below:

- | | |
|-------------------|-----------------------|
| 1. dyelie | E _ _ _ _ _ |
| 2. siir | I _ _ _ |
| 3. lpuip | P _ _ _ _ |
| 4. onarce | C _ _ _ _ _ |
| 5. rsleca | S _ _ _ _ _ |
| 6. nesl | L _ _ _ |
| 7. aclamu | M _ _ _ _ _ |
| 8. stivorue mhuro | V _ _ _ _ _ _ _ _ _ _ |
| 9. ovafe | F _ _ _ _ |
| 10. pocit verne | O _ _ _ _ _ _ _ _ _ |
| 11. drohcio | C _ _ _ _ _ _ |
| 12. tranie | R _ _ _ _ _ |